



LIFE TIMES

SINCE 1993

JANUARY 2020

January

- 2-Great Books
- 8-Winter Movie--"Hidden Figures"
- 16-The Bugs and I(immunology): friends or foe?
- 17-LIFE Book Group
- 21-Media: It's the Air We Breathe and the Water We Swim In
- 22-Marion and Marion
- 27-Christopher Columbus: A Mixed Historical Legacy
- 30-Pharmacogenomics Research--What's New?



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LIFE is Good!

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LIFE: Make it part of your 'life'

As my husband and I approached retirement, his approach was always "It's not enough to just retire FROM something, you need to retire TO something.

And what are you retiring to?

Is it volunteering, travel, more time with family, a less stressful second job, a gym membership? Hopefully you're retiring to life and LIFE is a big part of that.

As we approach yet another new year, do make the resolution to become more involved with LIFE—the HEALTH CLUB FOR YOUR MIND! Unlike other resolutions which are quickly discarded, this is a resolution that can be easily kept. Exciting programs—current events, history, art and architecture, advances in science—all presented by experts in their fields. This fall's programs have been outstanding and as you study the winter catalog, you'll find more of the same.



Jane Hallman
LIFE Board Member

Do make LIFE part of your life in 2020!

Learning Is ForEver...Providing adult education, insight, and engagement

Teacher Feature...

Veena Taneja, Ph.D. is an Associate Professor in the Department of Immunology with a joint appointment in the Division of Rheumatology at Mayo Clinic. She is a member of the Mayo Clinic Cancer Center Immunology and Immunotherapy Program. Her laboratory is investigating the basis for individualized medicine and therapeutic potential for the gut microbiome. She and her colleagues are determining whether bacteria isolated from a human gut biopsy can protect from arthritis. Since the bacteria are native to human gut, they are less likely to cause any serious side effects and provide new insights into the use of commensal bacteria as a novel therapeutic option. Her lab is exploring ways to use this technology for other diseases.



Veena Taneja PhD will present
January 16, 1-2:30 pm

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