

LIFE TIMES

SINCE 1993

AUGUST 2021

August

- 2-A Very British Explorer: Livingstone & the Search for the Source of the Nile
- 3-New Ways to Count Prey: Estimating densities of prey for Amur tiger conservation and hunting management in the Russian Far East (**new date!**)
- 4-Generational Politics (**new date!**)
- 10-Naturalists on the Voyages of Captain James Cook
- 12-Mandela: Struggle for Freedom
- 17-I've taken the pill, now what?
- 19-Looming Threat to America's Most Popular Wilderness - the BWCAW
- 26-Canoes: A Natural History in North America
- 31-The Differences Between Males and Females---More Than You Think

Sep/Oct LIFE Catalogs were mailed the end of July!



LIFE: Grow those Neurons!

How is your hippocampus? If you have been on Zoom taking LIFE classes it is pretty good! The hippocampus is a part of the brain that stores memory. It is much like an inner hard drive. Deterioration of the hippocampus is associated with age related cognition decline. There are ways to improve or boost its performance. Every time you learn something new your hippocampus becomes stronger! Now, there are also other ways to improve the function of the brain like exercise and diet (including coffee and chocolate) but enjoying a LIFE class on Zoom is a fun and enjoyable way to grow those neurons.

There are numerous classes in August and many in the Fall brochure that will help you exercise that brain! So join us!

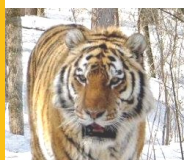
Please note that there are two classes that had to be re-scheduled. David Schultz's class on "Generational Politics" will be on Wednesday, August 4 at 1 pm and Scott Waller's "New Way to Count Prey" will be on Tuesday, August 3 at 1 pm.



Judy Haugen
LIFE Board Member

Learning Is ForEver...Providing adult education, insight, and engagement

Teacher Feature...



Scott Waller, a graduate student in the University of Montana's Wildlife Biology program, has been awarded a Fulbright Scholarship to study in Russia during the 2020-21 academic year. He will conduct research in the Russian Far East, testing new ways to monitor prey species of Amur (Siberian) tigers to foster tiger conservation. "I'm comparing new methods for estimating prey population size using camera traps, with traditional Russian snow tracking techniques. The village is surrounded by the Sikhote-Alin Biosphere Reserve, a stronghold for the Amur tiger population. Russian scientists have conducted research there on Amur tiger ecology since the reserve's formation in 1935 and have worked closely with the Wildlife Conservation Society's Russia Program during the last quarter-century."



Scott Waller will
be presenting on 8/3

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