



SEPT/OCT 2021



Providing adult education, insight, and engagement

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FOR PROGRAM INFORMATION, PLEASE PHONE 507-280-3157

Supported by Rochester Community and Technical College



Fall 2021

Greetings from the Heintz Center!

Jamie and I are back in the office.

Please save the date for the LIFE Harvest Dinner on Thursday, October 28th at the International Event Center. We will be hosting Eric Dregni, author of "For the Love of Cod: A Father and Son's Search for Norwegian Happiness." We will be able to socialize and enjoy their observations and findings.

This catalog contains classes in September and October – you will receive another catalog in October for classes covering November and December. We hope you find a bunch of classes that interest you!

Take care and thank you for your ongoing support!

Chrisanne & Jamie

chrisanne.pieper@rctc.edu

jamie.schroeder@rctc.edu

A huge **thank you** to People's Cooperative's Operation Round-Up Program for awarding RCTC LIFE with a \$1,500 grant to be used for marketing the RCTC LIFE Program.



The Nov/Dec catalog will be mailed in early October.

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LETTER FROM THE LIFE BOARD CHAIR

During my 35 years of teaching, the beginning of a new school year was always full of anticipation and excitement; meeting my new students, welcoming back former students, setting up my classroom, reconnecting with colleagues and looking forward to a new year of learning for my students and me. I have the same kind of excitement in anticipating this upcoming year with the LIFE program. I especially appreciate the opportunities available to us as a result of vaccinations and fewer ~~laws~~ restrictions.

Before I go on to highlight some of the opportunities available to you this Fall, the returning board members and I want to thank the **outgoing board members**: Colleen Arnold, Pamela Haase, Pixy Russell, Steve Frytak and Maureen Plitzuweit for their service and unwavering support of our LIFE Program. Their dedicated work on various committees helped the LIFE program run smoothly; from suggesting classes to be offered, collecting and analyzing data received from our members about the classes, and brainstorming and implementing marketing techniques to promote our program within our community and beyond. All this is done under the extremely competent guidance of our Program Director, Chrisanne Pieper and her supportive right-hand Customer Service Specialist, Jamie Schroeder. To replace the outgoing board members we welcome **new board members** Bev Stupca, Erik Ritman, Debbie Jacobsen, and Randy Nelson. We look forward to their participation and help in guiding the future of our LIFE Program.

As you study the Fall classes listed in this booklet, I think you will be surprised and amazed at the wide variety of classes offered to expand your knowledge and bring you enjoyment in the collegiality of being among other enthusiastic learners. This Fall we will continue to provide all classes on Zoom. The board is investigating the best way to provide both in person and Zoom classes as options. As you can tell from our course offerings we have been able to expand our speaker base to include instructors from all over the country, resulting in a greater variety of course offerings and speakers willing to present to us.

We are **very excited** to be able to bring back day trips; including theater offerings, a trip to the Minnesota Zoo, the Arboretum, a cruise on the Mississippi River and the Twin Cities Mill City Farmers Market, which includes food tastings! How great to be back on the road again and you don't even need to drive!

Lastly, the **Harvest Dinner** is back and scheduled for Thursday, October 28 at the Event Center. Our speaker will be Eric Dregni, an author of twenty books. He will speak about his latest book, "For the Love of Cod: A Father and Son's Search for Norwegian Happiness." What could be better! Seeing our LIFE friends in person, sharing a meal, and listening to an entertaining speaker?! I sure hope to see you there! Registration for the event is in this booklet.



This letter concludes my term as your Board Chair. It has been quite a year of anxiety, learning, and uncertainty for all of us. From the board and me, a sincere thank you for all your support! Without you, the members, we would not have a LIFE program. I am excitedly looking forward to joining you in classes as we begin our new year of learning. I hope you are, too! See you in class!

Julie Stenehjelm, LIFE Board Chair, 2020-21

Martha Batzner
Brenda Dicken
Peg Farrell
Tom Gaffey
Jane Hallman
Judy Haugen
Chad Israelson
Debby Jacobsen
Phil Karsell

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2021-22**
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Bill Wiktor
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**LIFE members can register online with a credit card at
www.learningisforever.net**

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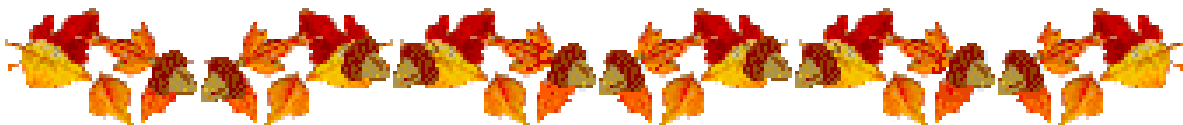
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of St. Thomas
- 7** LIFE Book Group with Facilitator: Steve Troutman
- 8** Women in the Civil Rights Movement with Katherine Jellison PhD, Ohio University,
College of Arts and Sciences
- 8** The Native Skywatchers Program with James Knutson-Kolodzne Ed.D,
American Indian Education Consultant
- 9** Gertrude Stein with Taylor Hagood PhD, Professor of American Literature, English
Department, Florida Atlantic University
- 9** Women in Art and Music with Roma Calatayud-Stocks, Author, Composer
- 10** The Beatles with Paul Koeller
- 10** Dinosaurs, Elephants, and Kids: Demystifying (and Curing) Cancer with Jaime F. Modiano
VMD, PhD, Perlman Professor of Oncology and Comparative Medicine, Director, Animal
Cancer Care and Research Program, College of Veterinary Medicine and Masonic Cancer
Center, University of Minnesota
- 11** How the Roman Republic Became the Roman Empire with Chad Israelson MA
- 11** Amazing Maize with Richard Kowles PhD, Saint Marys University Emeritus
- 12** Minnesota's Oldest Murder Mystery with Gary Brueggemann, Author
- 13** Virtual Tour of the African Burial Ground National Monument with Eliza Rasmussen,
Park Ranger, African Burial Ground National Monument, NY, NY
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- 15** 96 in the Carolina Backcountry with Adrian Stewart, Park Ranger, Ninety Six National Historic Site, Greenwood County, South Carolina
- 15** British Life During the Battle of Britain Through Winston Churchill's Eyes with Andrew O'Brien
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- 16** These Islands with Jeff Rennie
- 17** Blockchain, Bitcoin, and Cryptocurrency with Steve Troutman
- 17** The Results of the 2020 Census with Susan Brower PhD, Minnesota State Demographer
- 18** Edgar Allen Poe with Taylor Hagood PhD, Professor of American Literature, English Department, Florida Atlantic University
- 18** The American Dream in Crisis with Steve Yussen PhD, Professor Emeritus, Educational Psychology, University of Minnesota
- 19** Engineering Brain Circuits to Treat Mental Illness with Alik Widge MD, University of Minnesota
- 20** The Rochester Epidemiology Project: Medical research in a Midwestern population with Walter A. Rocca MD, MPH, Ralph S. and Beverley E. Caulkins Professor of Neurodegenerative Diseases Research, Professor of Epidemiology and Neurology, Department of Health Sciences Research, Department of Neurology , Women's Health Research Center, Mayo Clinic
- 20** A Royal Life at a VERY British Castle: Windsor with Andrew O'Brien
- 21** The Salem Witch Trials followed by Witches: Evolving Perceptions with Rachel Christ, Director of Education Salem Witch Museum
- 21** The LOST CAUSE of the Confederacy with Bob Beery PhD
- 22** The Gateway City: Chattanooga's Importance During the Civil War with Christopher Young, Park Ranger, Chickamauga & Chattanooga National Military Park, Ft Oglethorpe, GA
- 22** Lions, and Tigers, and Unicorns – Oh My! with Marguerite Ragnow PhD, Curator, James Ford Bell Library, University of MN
- 23** Harvest Dinner 2021: "For the Love of Cod: A Father and Son's Search for Norwegian Happiness" with Professor and Author Eric Dregni



ONE DAY FALL TRIPS

- 24** Spend the Day at the Minnesota Zoo!
- 24** Linda & Company at the Ives Auditorium in Bloomington
- 24** An Autumn Day at the MN Landscape Arboretum
- 25** "Lunch and Lock" Cruise on the Mississippi River
- 25** "The Play that Goes Wrong" at the Old Log Theatre
- 25** Experience the "Twin Cities Mill City Farmers Market" Group Food Tour
- 26** "Not in Our Neighborhood" at the Great American History Theatre in St. Paul
- 26** "Breaking Up is Hard to Do" at the Ives Auditorium in Bloomington
- 27** "Music Man" at the Chanhassen Dinner Theatre
- 27** "Oklahoma" at the Orpheum
- 28** "Mannheim Steamroller Christmas" at the State Theatre
- 28** Jingle all the Way!
- 28** "A Rat Pack Christmas" at the Ives Auditorium in Bloomington
- 29** "Christmas of Swing"--The Andrews Sisters' USO Shows at the Great American History Theatre in St. Paul
- 29** "Christmastide with the Celtic Sounds of SimpleGifts with Billy McLaughlin" at the Ives Auditorium in Bloomington
- 29** "Magical Medora Christmas" at the Ives Auditorium in Bloomington
- 30** Registration, Membership, Scholarship, and Donation Information



LIFE August 2021 Classes

Mondays, August 2, 9, 9-11 am - A Very British Explorer: Livingstone & the Search for the Source of the Nile with Andrew O'Brien

Tuesday, August 3, 1-3 pm - New Ways to Count Prey: Estimating densities of prey for Amur tiger conservation and hunting management in the Russian Far East with Scott Waller

Tuesday, August 10, 10-11:30 am - Naturalists on the Voyages of Captain James Cook with Marguerite Ragnow, Ph.D. Curator, James Ford Bell Library, University of MN

Thursday, August 12, 1-2:15 pm - Mandela: Struggle for Freedom with Docent, Illinois Holocaust Museum & Education Center

Tuesday, August 17, 1-3 pm - I've taken the pill, now what? with Pamela Haase PhD

Thursday, August 19, 10-11 am - A Looming Threat to America's Most Popular Wilderness - the BWCAW with Tom Landwehr, Executive Director, Northeastern Minnesotans for Wilderness Campaign to Save the Boundary Waters

Thursday, August 26, 1-3 pm - Canoes: A Natural History in North America with Mark Neužil, Ph.D. Professor, Journalism, Chair, Department of Emerging Media, University of St. Thomas

Tuesday, August 31, 1-3 pm - The Differences Between Males and Females---More Than You Think with Richard Kowles PhD, Saint Marys University Emeritus

RCTC Fall 2021 LIFE Program



Laura Erickson, author of a dozen books about birds including the "American Birding Association's Field Guide to Minnesota Birds," the "Cornell Lab of Ornithology's The Bird Watching Answer Book," and "Into the Nest: Intimate Views of the Courting, Parenting, and Family Lives of Familiar Birds," has been awarded the American Birding Association's Roger Tory Peterson Award and the Minnesota Ornithologists' Union's Thomas Sadler Roberts Award. She has lived in Duluth for 40 years.

The Love Lives of Birds with Laura Erickson, Author

From the lifelong devotion of American Crows to the dalliances of Eastern Bluebirds, from Bald Eagles' focus on home improvements to the female Ruby-throated Hummingbird's Rosie the Riveter's lifestyle — courtship, mating, and parenting differ dramatically among birds. Laura Erickson's 2020 book, "The Love Lives of Birds," explains the science and natural history of bird love in a fun and entertaining way. Come along on a romance-fueled romp through the courting and mating of 35 species, exploring the diversity of avian approaches to pairing up. Each species spotlight pairs scientific fact with humorous and insightful parallels between human and bird.

Date(s): Tuesday, September 7 Time(s): 10-11:30 am # of Sessions: 1

LIFE Member Fee: \$19 LIFE Non-Member Fee: \$29



Tom Rooney, a retired CPA, has been an employee of the Minnesota Twins for the last ten seasons. For eight seasons he was a game day usher (Sections 116/117; the two best sections in the entire stadium). For the last two seasons he has been a member of the Twins Tour and Education Organization. Tom is also a tour guide at US Bank Stadium.

SKOL: The early years of the Minnesota Vikings with Tom Rooney

After the Duluth Bulldogs suspended operations in 1928, it took more than 30 years for NFL football to return to Minnesota. This class will cover the early years of the Minnesota Vikings, from being granted a franchise, to determining a team name and colors, from assembling a squad, to winning their opening game! Join us as we remember the genesis of our favorite football team (at least for some of us)!

Date(s): Wednesday, September 8 Time(s): 10 am-Noon # of Sessions:

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



RCTC Fall 2021 LIFE Program



*Crawling into the dens of hibernating black bears in the Rockies, river rafting in China, exploring Antarctica on a Russian research vessel, climbing Africa's Mount Kilimanjaro, **Jeff Rennie** traveled the world for more than 20 years as a writer for such prestigious publications as National Geographic Traveler, Reader's Digest, Backpacker and others. His writing on destinations on six continents has twice been awarded gold medals for excellence by the Society of American Travel Writers and includes over 250 magazine articles and 10 books such as "Treasures of Alaska: Last Great American Wilderness" published by National Geographic Books and "Jewels on the Water: Lake Superior's Apostle Islands."*

His photography, known for its creative artistry, has been featured in publications such as Reader's Digest, National Geographic Traveler, and Backpacker and was included in an exhibit honoring the 50th anniversary of the Wilderness Act in the Smithsonian's Museum on Natural History. He lives in Bayfield, WI.

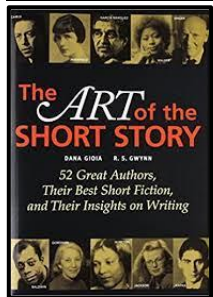
The Wild Life with Jeff Rennie

River rafting in China, being touched by a grizzly in Kamchatka, rappelling into steaming volcanoes in Alaska, trekking in Antarctica, writer and photographer Jeff Rennie has led a life of adventure. But the true adventure has been his constant pursuit of creative ways to express his experiences in such periodicals as National Geographic Traveler, Backpacker, Reader's Digest and more. Rennie will tell stories of his adventures, and then engage you in fun, interactive exercises in creativity that will put you right there with him in his adventures. Climb Africa's Mount Kilimanjaro, dogsled in the Far North, marvel at the northern lights, and do it all in this creative, interactive, and fun class with writer and photographer Jeff Rennie!

Date(s): Wednesday, September 8 Time(s): 1-2:30 pm # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

Great Books with Bob Morse, Marita Heller, Betty Spitzmiller



The Great Books group meets the first Thursday of each month, September through June. At our initial meeting we will discuss Louise Erdrich's "The Night Watchman," our summer reading choice. The rest of the year we will read and discuss short stories and novellas from "The Art of the Short Story," edited by Dana Gioia and R.S. Gwynn, published in 2005 by Pearson. Be sure to order the 1st edition of this anthology, which is available through Barnes and Noble and Amazon, as well as a few other places. This collection of stories by 52 writers as diverse as Hemingway and Faulkner and Kafka and

Flaubert includes masterpieces from many different countries. Such stories, as Emily Dickinson says, "take us lands away . . . Without oppress of toll," especially since the fee paid in September covers our travels for the whole year. Welcome to the journey!

Date(s): Thu, Sep. 9, Oct. 7, Nov. 4, Dec. 2 Time(s): 10 am-Noon # of Sessions: 10

LIFE Member Fee: \$40 LIFE Non-Member Fee: \$50

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RCTC Fall 2021 LIFE Program



Ranger Betsy Haynes has been a park ranger at Booker T. Washington National Monument for 31 years. She majored in Historic Preservation at Mary Washington College. During that time, she volunteered for the National Park Service, and worked on the Blue Ridge Parkway and at George Washington's Birthplace. Her permanent years have been at Booker T. Washington National Monument. She detailed in 2004 with the Lewis & Clark Corps of Discovery II travelling exhibit.

Booker T. Washington: The Man from the Nearest Place to Nowhere with Betsy Haynes Park Ranger, Booker T. Washington National Monument, Hardy, VA

Ranger Haynes will discuss the life of Dr. Booker T. Washington from 1856 to 1915. You will learn about what Dr. Washington's life was like as an enslaved person for the first 9 years of his life. She will share the obstacles he overcame to achieve his legacy as an internationally known educator and political advisor while serving as the principal of Tuskegee Institute.

Date(s): Thursday, September 9 Time(s): 1-2 pm # of Sessions: 1

LIFE Member Fee: \$9 LIFE Non-Member Fee: \$12



Andrew O'Brien was born in the U.K. and graduated with a Bachelor's and Master's degree in History from Oxford University. Andrew also has a teaching degree from London University and a Masters in teaching from Johns Hopkins University. After teaching in the UK, he taught middle school for 21 years in Maryland. Recently retired, Andrew and his wife live in North Carolina and St. Petersburg, FL.

British Life on the Home Front in WWI with Andrew O'Brien

Did you know that to divert steel for the war effort corset production seized or that razors for ladies started, because of legs exposed from shorter dresses to conserve cloth? Did you know that whistling was banned or 50% of policemen in Liverpool went on strike in the middle of WWI? Because of the anti-alcohol legislation, a husband could be fined for buying his wife a drink at a pub. Why is the king claiming that: "we live in one corner of a room, and have only a hot bath once per week?" Explore the reasons behind the moral panics of this period against women, drugs, and the foreigner! A fascinating journey across Britain between 1914 & 1918.

Date(s): Mondays, September 13 and 20 Time(s): 9-11 am # of Sessions: 2

LIFE Member Fee: \$29 LIFE Non-Member Fee: \$39



John Toren has written several books about the state of Minnesota and contributes regularly to regional and national publications.

Minnesota Travel Landscapes and Backroads with John Toren

Join John Toren, author of "The Seven States of Minnesota," for a guided tour around the state. With the aid of maps and photos, Toren will share a lifetime of insights into the varied geography and history of Minnesota, from the Boundary Waters to the western prairies, with stops on the Iron Range, the bog country, the Coteau de Prairie, and the Mississippi bluffs of the Driftless region. He will discuss the impact of glaciation and delineate the various biomes any traveler can visit today, including boreal forest, oak savanna, karst country, and prairie potholes.

Date(s): Mon, Sep 13 and 20 Time(s): 1-3 pm # of Sessions: 2

LIFE Member Fee: \$29 LIFE Non-Member Fee: \$39

RCTC Fall 2021 LIFE Program



Love Thy Neighbor: Immigration and the U.S. Experience, Docent, Museum of Jewish Heritage—A Living Memorial to the Holocaust, NYC followed by a Survivor Testimony

This tour examines the Jewish immigrant experience in the United States through the exploration of language, work, community, and social activism, using artifacts from the Museum's collection. Maritza Shelley, was born in Budapest, Hungary in 1928. After Hungary was invaded in 1944, Maritza was forced to perform forced labor with her sister. Maritza was granted the opportunity to visit her mother in Budapest, at which time they were rounded up and sent on a death march.

Date(s): Tuesday, Sep 14 Time(s): 10:30 am-12:30 pm # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



Dr. Sean McFate is a foreign policy expert, author, and novelist. McFate's career began as a paratrooper and officer in the U.S. Army's 82nd Airborne Division. He served under Stan McChrystal and David Petraeus, and graduated from elite training, such as Jungle Warfare School in Panama. McFate then became a private military contractor and paramilitary. He dealt with African warlords, raised armies for U.S. interest, rode with armed groups in the Sahara, conducted strategic reconnaissance for the extractive industry, transacted arms deals in Eastern Europe, and helped prevent an impending genocide in the Rwanda region. McFate writes novels based on his own military experiences. His latest thriller is "High Treason," and #1 New York Times bestselling author James Patterson said: "Sean McFate just might be the next Tom Clancy, only I think he's even better...The action is non-stop." McFate also writes serious non-fiction. "The New Rules of War: How America Can Win—Against Russia, China, and Other Threats" (Morrow) has been called "The Freakonomics of modern warfare." It was named a "Book of the Year" by The Economist, The Times [UK], and The Evening Standard, and is included on West Point's "Commandant's Reading List." Admiral Jim Stavridis said: "Stunning. Sean McFate is a new Sun Tzu." Max Hastings wrote in The Sunday Times. "[This] iconoclastic book is being hailed by radicals as a wake-up call to governments and armed forces everywhere." It has been translated into six languages and the British edition is titled "Goliath: Why the West Isn't Winning. And What We Must Do About It" (Penguin). McFate is a consultant to the U.S. military, U.S. intelligence community, United Nations, and Hollywood. He has written for the New York Times, Washington Post, The Atlantic, The New Republic, Foreign Policy, Politico, Daily Beast, Vice Magazine, War on the Rocks, Military Review and African Affairs. He has appeared on CNN's Amanpour, Morning Joe, Fox and Friends, MSNBC, Fox, Sky News, NPR, BBC, WSJ, Economist, Vice/HBO, The Discovery Channel, and American Heroes Channel. Sean holds a BA from Brown University, MPP from the Harvard, and a PhD in international relations from the London School of Economics and Political Science (LSE). He was also a Fellow at Oxford. McFate lives in Washington, DC.

The Future of War is Not What You Think with Sean McFate PhD, Senior Fellow, The Atlantic Council Professor, National Defense University & Georgetown University Advisor, Oxford University's Centre for Technology and Global Affairs

Dr. Sean McFate will explain modern war, how it works, how you win, and how the U.S. needs to adapt. China, Russia, Iran and others understand that warfare has changed, but the U.S. does not. This is why the U.S. struggles, even against low level foes like the Taliban. Only by improving our "strategic IQ" can we succeed, and this talk will explain how.

Date(s): Tuesday, September 14 Time(s): 2-3:30 pm # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program



Everglades National Park 101 with Gabriel Curbelo, Everglades National Park, Homestead, FL

Join the education team at Everglades National Park as they explore the variety of habitats in the River of Grass. This presentation will provide a well-rounded understanding of the Everglades ecosystem, the park's rich biodiversity, and the value of its water. Also, get an update on what we are doing to restore America's Everglades.

Date(s): Wednesday, September 15 Time(s): 10 am-Noon # of Sessions: 1
LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21



***Todd Lefko** is the President of the International Business Development Council, an import-export firm. He has homes in Minnesota and Moscow and has worked in Russia for more than 25 years. His weekly articles appear in "Rossiske Vesti," a Russian political newspaper, and he is a contributor to "Rusya-Al Youm," the Russian Arabic Television channel for the Middle East. He has lectured at universities in Russia, China, Belarus, Germany, Kazakhstan, and Turkmenistan. Mr. Lefko has also taught urban affairs and sociology at the University of Minnesota, and political science, international relations, political philosophy, political campaign management, leadership, organizational development, and public administration at other Minnesota colleges. He is one of the founders and current treasurer of Global Volunteers, and has worked in villages in Jamaica, Mexico, and Guatemala. He is the group's representative at the United Nations.*

The New Cold War with China and Russia with Todd Lefko

China and many observers believe the era of the United States as the only world power is coming to an end. The world reality is that a resurgent Russia and a rapidly growing China now challenge the United States for influence and control. The discussion will focus on the new challenges presented by China and Russia, the response of the United States, and the question of how and whether we can maintain our role in the world.

Date(s): Wednesday, September 15 Time(s): 1-3 pm # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



RCTC Fall 2021 LIFE Program



Scott Hill was born in Beeville, Texas but moved to Colorado at a very young age. He earned a Bachelor of Arts Degree in History from Metropolitan State College in Denver, Colorado and a Master's Degree in American History from George Mason University in Fairfax, Virginia. Scott has worked for the Federal Government for over 27 years; 24 of those years with the National Park Service as an Interpretive and Supervisory Park Ranger at eight different NPS units (Fredericksburg/Spotsylvania NMP, Richmond NBP, Petersburg NB, C&O Canal NHP, Ford's Theatre NHS, Appomattox Court House NHP, George Washington Birthplace NM and Thomas Stone NHS.) He also spent two and a half years as a Museum Technician at the United States Holocaust Memorial Museum. For the last ten years, he has served as the Chief of Interpretation at George Washington Birthplace NM and Thomas Stone NHS. During his NPS experience, Scott has been filmed for C-Span and Fox News about the Assassination of Abraham Lincoln at Ford's Theatre NHS; written an article published in the book, "Oh, Ranger" about Thomas Stone NHS; read the Declaration of Independence (in colonial costume, no less) in front of a large crowd at the Washington Monument on the 4th of July and participated in Civil War Sesquicentennial events at Manassas NB, Antietam NB, Fredericksburg/Spotsylvania NMP and Appomattox Court House NHP as well as a War of 1812 Bicentennial event at Fort McHenry NM and Historic Shrine. For the past eight years, he has also taught U.S. History and American Military History as an adjunct professor at the College of Southern Maryland in LaPlata, Maryland and for four years at Rappahannock Community College in King George, Virginia. Apart from history, his other loves are his wife, Vickie, who works at the National Museum of the Marine Corps as a Contract Specialist; his step-daughter Ashleigh and her husband Manny, and his granddaughters, Brooklyn and Isabella; and all Colorado sports teams, both professional and collegiate.

The Constitutional Convention with Scott Hill, Chief of Interpretation, George Washington Birthplace National Monument & Thomas Stone National Historic Site

George Washington's role as president of the convention, the controversies of forming the houses of government (New Jersey Plan, Virginia Plan, Connecticut Plan), the Federalists vs. Non-Federalists, George Washington's break with his fellow Virginians.

Date(s): Thursday, September 16 Time(s): 10 am-Noon # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



RCTC Fall 2021 LIFE Program



Tim Lewis PhD approaches canine research through the lens of an evolutionary ecologist. With a PhD in Wildlife Ecology from the University of Wisconsin-Madison, Tim taught for two decades at Wittenberg University in Ohio where he was an award-winning Professor of Biology. He is now a Professor of Biology at the University of St. Thomas in St. Paul, Minnesota where his classes include ecology, evolution, mammalian ecology, and forest biology. Dogs have shared the Lewis household for years, and Tim taught a semester class completely built around dog biology for university students and friends of dogs. His research ranges across many species, including wolves, deer, squirrels, turtles and, of course, dogs. He has presented findings of his research in journals, at conferences, and as an invited speaker for more than 30 years. Tim hovers on the edges of the dog agility and canine freestyle worlds with his wife, Ruth, who teaches and competes in those sports. Herding sheep with his youngest dog is one of his true delights. He is working on a dog-owner series with APDT and his book about canine biology was recently released by Dogwise Publishing.

A Dog's View of the World with Timothy L. Lewis PhD, Senior International Officer, Associate Vice Provost for Global Learning and Strategy, Professor of Biology, University of St. Thomas

Dogs are readily distinguished from people. They do not just look different, they evolved quite independently from humans. Like humans, they functioned as pursuit predators living in social groups. Each species, however, evolved along very different paths. Dogs are optimized for a sense of smell, good vision in dim to low light, and hearing in ranges that best detect prey. Dogs, therefore, do not experience the world the way we do. Learning how their senses differ from ours will help you understand your dog better. This understanding will strengthen your bond and allow for specific adjustments to improve your relationship with your dog.

Date(s): Thursday, September 16 Time(s): 1-2:30 pm # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.



LIFE Book Group with Facilitator: Steve Troutman

September's book is "The Ministry of the Future: A Novel" by Kim Stanley Robinson. October's read is "American Dirt: A Novel" (Oprah's Book Club) by Jeanine Cummins. November's book is "Supreme Inequality: The Supreme Court's Fifty-Year Battle for a More Unjust America" by Adam Cohen and December's read is "The Precipice: Existential Risk and the

Future of Humanity" by Toby Orr. ***This fee is for Sep 2021 thru Jun 2022.***

Date(s): Fridays, Sep. 17, Oct. 15, Nov. 19, Dec. 10 (note this is the second Friday)
Time(s): 10 am-Noon # of Sessions: 10
LIFE Member Fee: \$30 LIFE Non-Member Fee: \$45

RCTC Fall 2021 LIFE Program



Katherine Jellison PhD is Professor of History at Ohio University, where she teaches courses on U.S. women's and gender history. Her publications include *Entitled to Power: Farm Women and Technology, 1913-1963* (University of North Carolina Press, 1993) and *It's Our Day: America's Love Affair with the White Wedding, 1945-2005* (University Press of Kansas, 2008), both of which include "guest appearances" by a few first ladies. She also wrote the biography of Jacqueline Kennedy in Katherine A.S. Sibley, ed., *Blackwell Companion to First Ladies* (Wiley-Blackwell, 2016). She frequently appears in print and on television and radio as a commentator on first ladies and their role in U.S. politics and history.

Women in the Civil Rights Movement with Katherine Jellison PhD, Ohio University, College of Arts and Sciences

This presentation will explore the central roles that women played in the Civil Rights Movement of the 1950s and 1960s. Particular attention will be given to four "Mamas" of the Movement: Rosa Parks, Ella Baker, Fannie Lou Hamer, and Pauli Murray. The presentation will also consider how the Civil Rights Movement contributed to the formation of Second Wave Feminism.

Date(s): Tuesday, September 21 Time(s): 10 am-Noon # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



James Knutson-Kolodzne Ed D is a member of the Ottawa Nation from Central Michigan and the former Director of the American Indian Center at St. Cloud State University. Retired in January of 2020 after 45 years in the Minnesota and Wisconsin public K-12 schools, tribal colleges, and the University of Wisconsin system and the Minnesota Colleges and Universities system. Jim earned a B.A. in Psychology and a M.S. in Guidance/Counseling from the University of Wisconsin-Stout and an Ed. D. in Higher Education Administration program at St. Cloud State University. He is the founding director and facilitator of the Native Studies Summer Workshop for

Educators (NSSWE). This week-long workshop on a MN Indian reservation assists K-12 teachers and educators in meeting the new MDE standards regarding American Indians.

The Native Skywatchers Program with James Knutson-Kolodzne Ed D, American Indian Education Consultant

Where have all the natives gone? As elders say, before contact, the Creator every day, could hear our native languages and drum songs all across Turtle Island. Today, after many long and great struggles, the songs and drumbeats can once again be faintly heard. Where have all the natives gone; Gone to stardust everyone. Come listen to the symbiotic relationship that native people have between the stars and Mother Earth. This presentation will cover some of the Dakota and Ojibwe star constellations and stories.

Date(s): Tuesday, September 21 Time(s): 1-2:30 pm # of Sessions: 1
LIFE Member Fee: \$19 LIFE Non-Member Fee: \$29

RCTC Fall 2021 LIFE Program



Taylor Hagood PhD teaches American literature, with specialization in the writing of William Faulkner, African American literature, and the literature and culture of the U.S. South. His scholarship examines literary and cultural production in an approach informed by postcolonial theory. Hagood's books include "Faulkner's Imperialism: Space, Place, and the Materiality of Myth"; "Secrecy, Magic, and the One-Act Plays of Harlem Renaissance Women Writers;" and "Faulkner: Writer of Disability," winner of the C. Hugh Holman Award for Best Book in Southern Literary Studies. Along with these monographs, he edited "Critical Insights: The Sound and the Fury" and coedited "Undead Souths: The Gothic and Beyond in Southern Literature and Culture" with Eric Gary Anderson and Daniel Cross Turner. He has published

articles and reviews in numerous journals, including *African American Review*, *Anthurium*, *College Literature*, *European Journal of American Culture*, *Faulkner Journal*, *Literature Compass*, *Mississippi Quarterly*, *Southern Literary Journal*, *Studies in Popular Culture*, and *Walt Whitman Quarterly Review*.

Gertrude Stein with Taylor Hagood PhD, Professor of American Literature, English Department, Florida Atlantic University

It would not be an exaggeration to call Gertrude Stein the architect of Modernism. Not only did she write groundbreaking fiction and poetry, she played a foundational role in cultivating the Modernist movement. Her salon on the Left Bank in Paris served as a gathering place for the major artists and writers of the 1920s as Stein and her partner, Alice B. Toklas, opened their home as the nerve center for art. This lecture presents Stein's life as writer and impresario.

Date(s): Thursday, September 23 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



Award-winning author and composer **Roma Calatayud-Stocks** holds a BS and MS degrees in Music and Psychology from the University of MN and post-grad studies in creative writing from the University of St. Thomas. In line with her passion for highlighting many cultures' artistic contributions, Roma has collaborated in various roles for more than twenty years with Twin Cities' cultural organizations, including Minneapolis Institute of Art, Vocal Essence, Walker Art Center, Global Minnesota, the Minnesota Orchestra, MacPhail Center for Music, Museum of Russian Art, The International Alliance for Women in Music, and the National Guild for Communities Arts Education. Roma authored two historical novels, inspired by Magical Realism, "A Song in My Heart" and "A Symphony of Rivals." Roma has toured the U.S. to present her work at universities, libraries, and women's clubs.

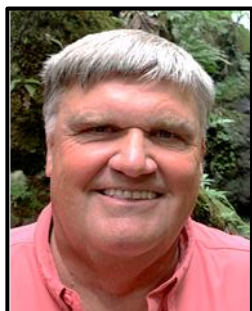
Women in Art and Music with Roma Calatayud-Stocks, Author, Composer

Take a journey through time as we explore prominent women artists from various cultures who made a significant impact in the fields of Art and Music. The session, divided into three segments, outlines art, music, and the third part delves into artists' contributions as highlighted in the stories of two historical novels, *A Song in My Heart* and *A Symphony of Rivals*. The presentation also features original musical compositions, as included in *A Song in My Heart*. Join us for a Q&A discussion at the end of the session.

Date(s): Thursday, September 23 Time(s): 1-3 pm # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program



Paul Koeller is a retired IBMer and active Mayo Volunteer who loves researching and presenting music and local history topics. He has given numerous history presentations in Rochester and presented about twenty different rock music classes for Rochester Community Education. Paul also loves traveling and gardening.

The Beatles with Paul Koeller

Join Paul as he uses music, lyrics, and photos to tell the stories behind some of the Beatles songs. Come find the meaning of many of their songs or add your own expertise or meanings to the songs you've been listening to for years.

Date(s): Monday, September 27 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21



Jaime Modiano VMD, PhD is the Alvin and June Perlman Endowed Chair of Animal Oncology and director of the Animal Cancer Care and Research Program of the College of Veterinary Medicine and Masonic Cancer Center at the University of Minnesota. Through the Modiano Lab, he seeks to understand how and why cancer happens and to translate that research into clinical applications that improve the health and well-being of companion animals and humans.

Dinosaurs, Elephants, and Kids: Demystifying (and Curing) Cancer with Jaime F. Modiano VMD, PhD, Perlman Professor of Oncology and Comparative Medicine Director, Animal Cancer Care and Research Program, College of Veterinary Medicine and Masonic Cancer Center, University of Minnesota

What do you know about cancer? Did you know that in their long-ago day, dinosaurs got cancer? And that dogs, sharks, cows, and parakeets get cancer? For most people, cancer is a mysterious and fearsome condition. This emotionally based response means that social stigmas are often tied to a cancer diagnosis. However, at its core, cancer is a disease caused by mutations in a cell's DNA. In fact, the same mechanisms of DNA mutation that lead cells to become cancerous are the drivers of evolution. Therefore, cancer risk may be considered to be part of our evolutionary legacy. Moreover, few people realize that advances in cancer research and treatment are allowing millions of people and animals to lead healthy and fulfilling lives as cancer survivors. According to Dr. Jaime Modiano of the University of Minnesota College of Veterinary Medicine and Masonic Cancer Center, the biological and evolutionary foundations for why and how cancer happens across the animal kingdom are key to this research. Join us when Dr. Modiano explains how breaking through the evolutionary lifespan barrier affects cancer risk, allowing scientists to not only demystify the condition, but also develop effective approaches to prevent and cure cancer in humans and companion animals alike.

Date(s): Monday, September 27 Time(s): 1-2:30 pm # of Sessions: 1

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21

RCTC Fall 2021 LIFE Program



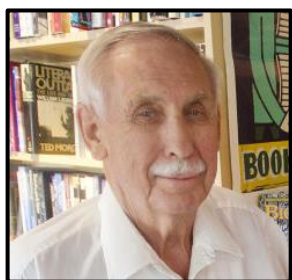
Chad Israelson received his BA from the University of Wisconsin-La Crosse and his MA from the University of Nebraska. Israelson has taught at RCTC since 1996. He has also taught at UW-La Crosse, Augsburg, and Winona State. Chad won "Teacher of the Year" in 2003, 2011, and 2012. Chad recently coauthored the book *"The Political World of Bob Dylan: Freedom and Justice, Power and Sin."* Chad is on the RCTC LIFE Board.

How the Roman Republic Became the Roman Empire with Chad Israelson MA

The reasons for the decline and fall of the Roman Empire have been analyzed for centuries and is a key moment in the history of the world. But before there was a Roman Empire, there was the Roman Republic and it declined and fell as well. Though the decline and fall of the Empire will be covered, this course will emphasize the period of Rome's Republic and early Empire and why the Republic gave way to the Empire.

Date(s): Tuesday, September 28 Time(s): 10 am-Noon # of Sessions:

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21



Richard Kowles PhD is Distinguished Professor Emeritus in Biology at Saint Mary's University of Minnesota in Winona, MN. His undergraduate degree was obtained from Winona State University and after completing two masters degrees, one in biology and one in education, he earned a Ph.D. in genetics at the University of Minnesota. He has taught for 58 years at various levels, the last 40 years as a geneticist and cell biologist at Saint Mary's University. Kowles is the author of two college textbooks, *Genetics, Society, and Decisions* and *Problem Solving in Genetics*, and more recently a trade book, *"The Wonder of Genetics."* His latest book was *"A Passion to Teach. Fifty-eight Years of Humorous, Weird, and Engaging Tales."*

Amazing Maize with Richard Kowles PhD, Saint Marys University Emeritus

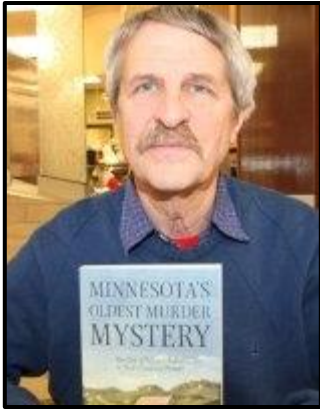
A power point presentation will be given designed to celebrate corn, also known as maize. The plant is an amazing organism extremely efficient at making food for both human consumption and livestock. In addition, however, the plant is used to produce many non-food materials including alcohol and fuel. And still other uses of the plant are now readily made available. Many geneticists regard maize as one of the best plants for the conduction of genetic research because of its abundant number of known mutations and the ease in using its reproductive cycle. Several Nobel Prize Awardees have used maize to elucidate basic genetic principles, which are now known to be in to be involved in the genetics of other organisms. These research advances will also be part of the presentation.

Date(s): Tuesday, September 28 Time(s): 1-3 pm # of Sessions:

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21

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RCTC Fall 2021 LIFE Program



***Gary Brueggemann** is a lifetime resident of St. Paul's West 7th neighborhood, and he credits his love of history to his father, who inspired his son with tales about his own childhood growing up along the river below the Randolph Ave. bluff. Gary received undergraduate and graduate degrees from the University of Wisconsin – River Falls. Now retired after 37 years teaching history at both Inver Hills and Century Community Colleges, in 1978 Gary developed the first-ever college accredited course on St. Paul history for Inver Hills Community College. In 2013, his book, "Minnesota's Oldest Murder Mystery: the Case of Ed Phalen, St. Paul's Unsaintly Pioneer," was published and in 2018, that book was turned into a play that was performed at the Landmark Center in fall of 2018.*

Minnesota's Oldest Murder Mystery with Gary Brueggemann, Author

September 5th is the anniversary of Minnesota's oldest unsolved homicide and St. Paul's first recorded murder. However, this murder mystery occurred 174 years ago, two years before there even was a St. Paul and 10 years before there was any political entity called Minnesota. In September 1839, back when Minnesota was a road less wilderness, divided between Wisconsin and Iowa territories, and the site of St. Paul was a crude, little sprawling settlement called "Pig's Eye" – named for the one-eyed whiskey seller, Pierre "Pig's Eye" Parrant, who ran the hamlet's only business house, a saloon, -- two local pioneers made local history by their involvement in a historic homicide. One was the murder victim, John Hays and the other was his alleged murderer, Edward Phelan, or "Phalen". (Yes, the same "Phalen" that left his name on Phalen Lake, Phalen Creek, Phalen Park and over 25 other places in St. Paul.) When Hays disappeared on September 6, 1839 and then 21 days later his battered body was found by some Dakota boys near the sacred Dakota cave the non-Indians called Carver's Cave, suspicion naturally fell on Ed Phelan. Was he guilty? There is the mystery. Phelan was arrested and brought to trial 200 miles downriver at Prairie du Chien, Wisconsin, the nearest town with a jail and courthouse. Though Phelan was ultimately acquitted, all investigative reports and records were mysteriously lost and no newspaper covered the story. However, in 1994, St. Paul historian Gary Brueggemann made an amazing discovery in the Minnesota Historical Society archives: hidden in the papers of Joseph R. Brown was Brown's original Justice of the Peace casebook which included his supposedly lost handwritten transcription of the Hay's murder hearing. Using this record, other primary sources and drawing from decades of studying Minnesota and St. Paul history, Brueggemann has theorized a logical solution to this coldest of cold cases in his new book, "Minnesota's Oldest Murder Mystery: the Case of Edward Phalen--St. Paul's Unsaintly Pioneer."

Date(s): Wednesday, September 29 Time(s): 10 am-Noon # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

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RCTC Fall 2021 LIFE Program

Eliza Rasmussen is a Park Ranger in the division of Interpretation and Education at the African Burial Ground National Monument. She leads educational programs and organizes events for the public every month at the site. Before working at this site, she was stationed at the Theodore Roosevelt Birthplace National Historic Site. Ranger Eliza attended the University of Utah and received a degree in History.



Virtual Tour of the African Burial Ground National Monument with Eliza Rasmussen, Park Ranger, African Burial Ground National Monument, NY, NY

Ranger Eliza will take you on a virtual tour including an introduction of the National Park Service and the African Burial Ground, a 20 minute introductory film, and covers the history of enslaved Africans in New Amsterdam and colonial New York.

Date(s): Wednesday, September 29 Time(s): 1-2 pm # of Sessions: 1
LIFE Member Fee: \$8 LIFE Non-Member Fee: \$12



Rabbi Kenneth A. Kanter serves as Interfaith and Special Projects Coordinator at HUC-JIR/Cincinnati. He previously served as Associate Dean and Director of the Rabbinical Program at the Cincinnati campus. In 2005, Rabbi Kanter concluded 13 years as Founding Rabbi of Congregation Micah of Nashville, TN. Born in Chicago, IL, Rabbi Kanter received his B.A. in Jewish and American History from Harvard University in 1974, his M.A.H.L. from HUC-JIR in 1978, was ordained in 1980, and was awarded an honorary Doctor of Divinity from HUC-JIR in May, 2005. Rabbi Kanter served for ten years as Rabbi of Chattanooga's Mizpah Congregation. Previously he served as Assistant Rabbi at Congregation Ohabai Shalom, in Nashville, TN, as Jewish Chaplain and Adjunct Professor at Vanderbilt University. Kanter is a popular lecturer and author of books, journals and articles focusing on the Jewish contribution to American popular music from the 1840's to the 1940's. His first book, "The Jews on Tin Pan Alley," was published in 1982. He contributed to several journals in the field of Jewish history and religion. Kanter's second book to which he contributed, "Jewish-American History and Culture," was published in 1992. His third encyclopedia, "The Encyclopedia of Jewish American Popular Culture," was published in 2009. Kanter is married to Dr. Toni Kanter. They have three children and two grandchildren.

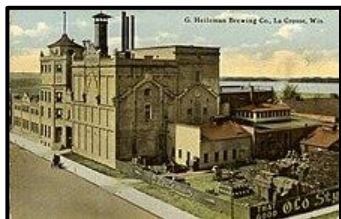
"We Jews on Broadway"- a musical retrospective of the Jewish contribution to Broadway with Kenneth Kanter, Rabbi, DD, Executive Director of Roots of Reform

Using videos of original Broadway casts, movie musicals, and early television, Rabbi Kanter will provide insights and entertaining stories of this most American of art forms. From Rodgers and Hammerstein and Irving Berlin, George and Ira Gershwin and Stephen Sondheim, Jerome Kern and Marvin Hamlisch, join us for an entertaining and thought provoking presentation.

Date(s): Thursday, September 30 Time(s): 10 am-Noon # of Sessions: 1
LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program

Paul Koeller is a retired IBMer and active Mayo Volunteer who loves researching and presenting music and local history topics. He has given numerous history presentations in Rochester and presented about twenty different rock music classes for Rochester Community Education. Paul also loves traveling and gardening.



Brewed With Style - The Story of the House of Heileman with Paul Koeller

Join Paul Koeller, co-author of "Brewed With Style - The Story of the House of Heileman," as he shares the history of the G. Heileman Brewing Company in La Crosse and talks about trends in the beer

industry over the last 150 years.

Date(s): Monday, October 4 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21



Vaunceil Kruse MAE, taught AP English in a small diverse high school in Illinois for over twenty years. After retirement she served as Communications Coordinator for NAMI Wisconsin. She has a Master's Degree in Education with a Specialty in English from Olivet Nazarene University.

The Poetry and Prose of Robert Bly: Men, Women, and Shadows with Vaunceil Kruse MAE

Robert Bly is one of the most influential poets in American history. Bly is, according to M.L. Rosenberg, "a genius of the elevated "high" style of Europe and South America, yet, his work is truly American, with its atmosphere of wide empty space from the Midwest, and its unabashed straightforward emotionalism and spiritualism." Bly's work in story-telling, myth, and deep psychology is also influential, and, at times, controversial. Poet Edward Hirsch calls Bly a "Midwestern Thoreau with a dark side," as he "mines the two sides of the self -- responsible citizen and interior mystic." Bly's poetry and prose will be explored, with an emphasis on our current crisis in defining the "responsible citizen."

Date(s): Monday, October 4 Time(s): 1-3 pm # of Sessions: 1

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21



Emilie Snell-Rood studies how animals adjust their behavior and development to changing environments, from cities to croplands. Much of her current research considers roadsides as habitat for pollinators, especially monarchs and bumblebees. She teaches animal behavior and bio-inspired design at the University of Minnesota. She trained at University of Arizona and Indiana University.

Grief and Anxiety in Animals: the ecology and evolution of mental health with Emilie Snell-Rood

What (if anything) can we learn from animals in nature about our own mental health? We will explore how animals experience components of grief and anxiety in the wild, why this varies across species, and how it may offer ways to re-frame our own mental challenges. This seminar includes examples and ideas drawn from Snell-Rood's animal behavior course at the University of Minnesota and will offer plenty of time for input and discussion from participants.

Date(s): Tuesday, October 5 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program

Ranger Adrian Stewart works at Ninety Six National Historic Site in SC, of the Southern Revolution Parks Group. Adrian is originally from SC. She has worked with the park service for 9 years. First at Fort Sumter National Monument in Charleston, then at Pipe Spring National Monument in Arizona. She Returned to South Carolina in 2014 to work at Ninety Six and has been there since.



96 in the Carolina Backcountry with Adrian Stewart, Park Ranger, Ninety Six National Historic Site, Greenwood County, South Carolina

The history of 96 from its earliest days as a resting spot along to the Cherokee Trail to its role in the American Revolution and its destruction. Find out how this little known

spot became a unit of the National Park Service.

Date(s): Thursday, October 7 Time(s): 1-2 pm # of Sessions: 1

LIFE Member Fee: \$9 LIFE Non-Member Fee: \$12

Andrew O'Brien was born in the U.K. and graduated with a Bachelor's and Master's degree in History from Oxford University. Andrew also has a teaching degree from London University and a Masters in teaching from Johns Hopkins University. After teaching in the UK, Andrew taught middle school in the United States.



British Life During the Battle of Britain Through Winston Churchill's Eyes with Andrew O'Brien

Did you know that Churchill dictated war correspondence to his female secretary who sat outside the bathroom door while he took his hour-long baths twice a day? Did you know that the weekly meat ration was just 4 oz, but beer was not rationed in WWII? After the defeat of Britain, where did Hitler plan to reside during his stays in Britain? What did lice have to do with breaking the top-secret German intelligence codes? How did a lone British bomber save Britain from certain defeat by the Nazis? Why did Britain experience a rise in crime during this period? Join me as we explore these questions and more...

Date(s): Mondays, October 11 and 18 Time(s): 9-11 am # of Sessions: 2

LIFE Member Fee: \$29 LIFE Non-Member Fee: \$39



Carol Veldman Rudie is the lead docent and the coordinator of outreach education at The Museum of Russian Art in Minneapolis. She regularly leads classes and speaks on topics of Russian art. A former college teacher, she has done PhD work at the University of Minnesota in English literature and art history.

Historic Layers: Russian Alaska with Carol L. Veldman Rudie, Museum of Russian Art, Docent

Are Asia and America connected? This geographic question occupied Russian explorers, entrepreneurs and tsars in the 17th century. The answer led them to probe the American coast, to trade for furs, and to map the land. Alaska remained part of the Russian empire until it was sold to the U.S. Learn about this unique history as it shapes Alaskan culture to this day.

Date(s): Monday, October 11 Time(s): 1-3 pm # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program



Dr. Richard Leitch earned his BA in East Asian Studies from Colby College, and went on to earn an MA in Asian Studies from the University of Illinois, after a two year career on Wall Street. He earned his Ph.D. in Political Science from Illinois in 1995, where he was the recipient of the Harriet and Charles Luckman Award for Distinguished Undergraduate Teaching, and the College of Liberal Arts Award for Distinguished Teaching by a Graduate Assistant. He has been a member of the Political Science Department at Gustavus since 1996, where he teaches courses in International Relations, Comparative Politics, Asian Politics, Environmental Politics, and the Politics of Poverty. In 2000 he received the Swenson-Bunn

Award for Teaching Excellence at Gustavus, and in 2008 the Edgar M. Carlson Award for Distinguished Teaching. In 2012 he was included in *The Princeton Review's* The Best 300 Professors. His research interests include Japanese domestic politics and foreign policy, and he is the co-author of "Japan's Role in the Post-Cold War World."

China: Four Domestic Issues, or Four International Conundra? with Richard Leitch PhD, Gustavus Adolphus College

The nearly annual protests in Hong Kong are not the only recent expression of popular sentiment against Beijing's authority. Tibetan movements for greater autonomy, protests by Uighurs in Xinjiang, and Taiwanese independence efforts are all considered domestic political issues by China's government, which has responded with force, imprisonment, and intimidation. Yet they are also issues of international significance. We will briefly consider the history and present state of each of these four issues, and the international community's attempts to address each.

Date(s): Tuesday, October 12 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

*Crawling into the dens of hibernating black bears in the Rockies, river rafting in China, exploring Antarctica on a Russian research vessel, climbing Africa's Mount Kilimanjaro, **Jeff Renniecke** traveled the world for more than 20 years as a writer for such prestigious publications as *National Geographic Traveler*, *Reader's Digest*, *Backpacker* and others. He and his wife live in Bayfield, WI.*



These Islands with Jeff Renniecke

A hermit living on a wilderness island in Lake Superior, lighthouses flashing on a stormy night, fanciful stories of pirates, and true-grit stories of loggers, and fishermen and all of it among a group of 22 islands now protected as the Apostle Islands National Lakeshore. In this story-filled course, Jeff Renniecke, the Executive Director of Friends of the Apostle Islands and author of *Jewels on the Water: Lake Superior's Apostle Islands* will take you up in the towers of Michigan Island Light, out on the lake pulling nets with island fishermen, and down the trails of history through stories of Island life, death, struggle, and triumph. "The Apostle Islands, protected 50 years ago now as part of our National Park system, are islands of stories," Renniecke says. "I want to bring these stories to life for you and help you fall in love with the Apostle Islands National Lakeshore."

Date(s): Tuesday, October 12 Time(s): 1-2:30 pm # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program



Stephen Troutman is a Futurist and frequent speaker on a number of diverse topics. At IBM for 33 years, Steve retired as an Executive Consultant in 2010. In the US Navy Reserve for 23 years, he was Commanding Officer of four units, and attained the rank of Captain. He has been a Futurist since 1999. He is an active volunteer serving on several Boards and as a SCORE Mentor to small business. He currently serves on the Advisory LIFE Board.

BlockChain, BitCoin, and CryptoCurrency with Steve Troutman

BitCoin, Ethereum, and other cryptocurrencies are frequently in the news, but for many, they remain a mystery. Starting with our traditional currency frameworks, we will explore the difference and similarities between them and cryptocurrencies. Of necessity, we will delve into the blockchain technology that underlies cryptocurrencies and has other uses. We will discuss the history and current state of cryptocurrencies in the world and cover the arguments pro and con. Since I own no cryptocurrency, this will be an academic and informational discussion, not a "how to" for would-be cryptocurrency-investors.

Date(s): Wednesday, October 13 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21



Susan Brower is the Minnesota State Demographer and directs the MN State Demographic Center. Susan became the State Demographer in February 2012. In that capacity, she travels the state talking with Minnesotans about the new social and economic realities that are brought about by recent demographic shifts. Susan's work applies an understanding of demographic trends to changes in a range of areas including the state's economy and workforce, education, health, immigration and rural population changes. Susan joined the State Demographic Center after working as a researcher on the Minnesota Compass project at Wilder Research in St. Paul. Prior to that, she

worked at the Population Studies Center at the University of Michigan. Susan earned her Ph.D. in sociology at the University of Michigan, specializing in demography and family sociology. She also holds a master's degree in public policy from Humphrey School of Public Affairs at the University of Minnesota.

The Results of the 2020 Census with Susan Brower PhD, Minnesota State Demographer

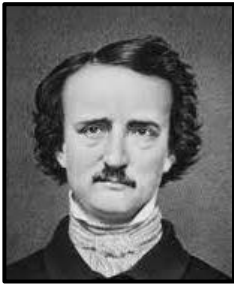
The next two decades will bring big changes to the Land of 10,000 Lakes. Susan Brower, Minnesota's state demographer, will discuss the changing demographic patterns in Minnesota, and describe how demographic shifts are likely to play out in the years ahead. Join us for a lively discussion about what these changes will mean to current and future residents of Minnesota.

Date(s): Wednesday, October 13 Time(s): 1-2 pm # of Sessions: 1

LIFE Member Fee: \$9 LIFE Non-Member Fee: \$12

RCTC Fall 2021 LIFE Program

Taylor Hagood teaches American literature, with specialization in the writing of William Faulkner, African American literature, and the literature and culture of the United States South. His scholarship examines literary and cultural production in an approach informed by postcolonial theory, theorizing of social interaction via secrecy as a cultural item, and disability studies. Hagood's books include *Faulkner's Imperialism: Space, Place, and the Materiality of Myth* (2008); *Secrecy, Magic, and the One-Act Plays of Harlem Renaissance Women Writers* (2010); and *Faulkner: Writer of Disability* (2014), winner of the C. Hugh Holman Award for Best Book in Southern Literary Studies. Along with these monographs, he edited *Critical Insights: The Sound and the Fury* (2014) and coedited *Undead Souths: The Gothic and Beyond in Southern Literature and Culture* (2015) with Eric Gary Anderson and Daniel Cross Turner. Additionally, he has published articles and reviews in numerous journals, including *African American Review*, *Anthurium*, *College Literature*, *European Journal of American Culture*, *Faulkner Journal*, *Literature Compass*, *Mississippi Quarterly*, *Southern Literary Journal*, *Studies in Popular Culture*, and *Walt Whitman Quarterly Review*.

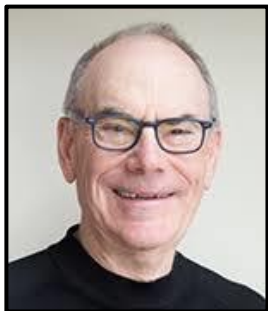


Edgar Allen Poe with Taylor Hagood PhD, Professor of American Literature, English Department, Florida Atlantic University

It is the season of jack-o-lantern, witches, werewolves, vampires, and . . . Edgar Allan Poe! This lecture will present the many twists and turns of Poe's life and career as well as his mysterious death. Special focus will be given to his smash hit poem, "The Raven," and the lecture will conclude with a dramatic recitation by Taylor Hagood.

Date(s): Monday, October 18 Time(s): 1-3 pm # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25



Steven R. Yussen, PhD, is Professor Emeritus of Educational Psychology and former Dean of Education and Human Development at the University of Minnesota-Twin Cities. He earned a B.A. in psychology at Swarthmore College, and his Ph.D. in child psychology at the U. of Minnesota. Previously he held similar positions at the University of Wisconsin-Madison and the University of Iowa. He was an active researcher, journal editor, and has written extensively about child development, learning and memory, and educational experiences. He was

honored as a Fellow of the American Psychological Association, the Guggenheim Foundation, The American Educational Research Association, and the Fulbright Association.

The American Dream in Crisis with Steve Yussen PhD, Professor Emeritus, Educational Psychology, University of Minnesota

For the last half century the prospect of living the American Dream living a good life and prospering- has become out of reach for a growing number of American families and youth. Why? The class analyzes the causes and consequences of this trend, largely rooted in a growing social class divide, and considers policy ideas to reverse the trend.

Date(s): Tuesday, October 19 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$15 LIFE Non-Member Fee: \$25

RCTC Fall 2021 LIFE Program



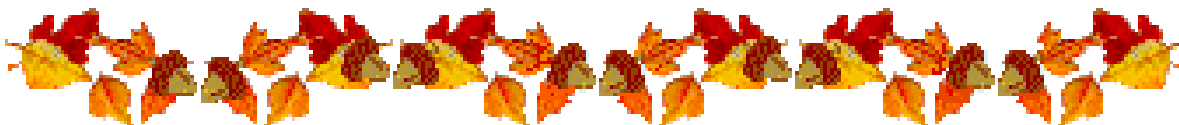
Alik Widge, MD, University of Pittsburgh, PhD, Carnegie Mellon University, is a brain stimulation psychiatrist and biomedical engineer. He is an Assistant Professor of Psychiatry at the University of Minnesota and a faculty member in the Graduate Program in Neuroscience, where he directs the Translational NeuroEngineering Lab.

Engineering Brain Circuits to Treat Mental Illness with Alik Widge MD, University of Minnesota

Mental disorders arise from brain circuit dysfunctions: changes in specific networks and connections within the brain. Most current treatments, however, target the whole brain rather than specific circuits. Technologies such as deep brain stimulation and transcranial magnetic stimulation have emerged, allowing physicians to directly target and activate individual brain circuits that may underlie mental illnesses. These technologies have often succeeded where medications fail, but they have also come with new challenges: they are expensive, often burdensome to patients, and still cannot guarantee results in any individual patient. Brain stimulation psychiatrist and biomedical engineer Dr. Alik Widge will provide an overview of these technologies and their use to date. He'll then offer an argument that the problem is not in the technologies we use to treat mental illness, but in the way we define it. He notes, "We need more precise definitions for words like "depression" or "anxiety"—definitions rooted in what the brain and its individual sub-regions actually do as well as the ways in which they can fail. Dr. Widge will give examples of the new and related science of "computational psychiatry," and show how it is leading us to new and more effective concepts in brain stimulation medicine.

Date(s): Tuesday, October 19 Time(s): 1-2:30 pm # of Sessions: 1

LIFE Member Fee: \$10 LIFE Non-Member Fee: \$15



RCTC Fall 2021 LIFE Program



Walter A Rocca MD, MPH is Professor of Epidemiology and Neurology and the Ralph S. and Beverley E. Caulkins Professor of Neurodegenerative Diseases Research at Mayo Clinic. He is Co-Director of the Rochester Epidemiology Project medical records-linkage system, Associate Director of the Specialized Center of Research Excellence on Sex Differences, and a member of the Steering Group for the Women's Health Research Center. He has been member of the Science Committee of the American Academy of Neurology, and has served as Chair of its Clinical Research

Subcommittee. Dr. Rocca has recently focused his research on the effects of surgical menopause and estrogen on brain aging in women and on multi-morbidity as a clinical marker of accelerated aging. He is also contributing to the emerging fields of dimorphic neurology and dimorphic medicine (the impact of sex and gender on health and diseases).

The Rochester Epidemiology Project: Medical research in a Midwestern population with Walter A. Rocca MD, MPH, Professor of Epidemiology and Neurology, Dept. of Health Sciences Research, Dept. of Neurology, Mayo Clinic

The Rochester Epidemiology Project has changed the way we view ADHD. Led directly to new dementia diagnoses. Created a roadmap for treating epilepsy. And now, dozens of researchers from around the world are relying on The REP for treating COVID-19 patients and tracking vaccine efficacy. The REP has, in the words of the New England Journal of Medicine, "revolutionized medical research." And, if you've ever lived in Rochester, you're probably a part of it.

Date(s): Wednesday, October 20 Time(s): 10-11 am # of Sessions: 1

LIFE Member Fee: \$9 LIFE Non-Member Fee: \$12

Andrew O'Brien was born in the U.K. and graduated with a Bachelor's and Master's degree in History from Oxford University. Andrew also has a teaching degree from London University and a Masters in teaching from Johns Hopkins University. After teaching in the UK, Andrew taught middle school in the United States.

A Royal Life at a VERY British Castle: Windsor with Andrew O'Brien



Windsor castle is the world's longest-continuously occupied castle in the world. Built after 1066, it is Queen's Elizabeth II's favorite residence & where she sheltered during the pandemic. Learn about the castle's treasures including the suits of armor that once belonged to Henry VIII and their fascination for recently married women. Discover the royal tombs at the

chapel. Why were collectors from the Regency period opening up royal tombs and removing bone fragments? Join me as we explore these and other questions in this fascinating tour of Britain's most famous castle.

Date(s): Mon, October 25 and November 1 Time(s): 9-11 am # of Sessions: 2

LIFE Member Fee: \$29 LIFE Non-Member Fee: \$39

RCTC Fall 2021 LIFE Program



The Salem Witch Trials followed by Witches: Evolving Perceptions with Salem Witch Museum Presenters

The Salem Witch Trials

In the year 1692, the daughter and niece of Reverend Samuel Parris were plagued with a mysterious and alarming illness. Soon, inhabitants of Salem Village were faced with their very worst nightmare—confirmation that witches had arrived in Essex County. Over the span of just one year, the colonists experienced the most severe and devastating witch-hunt to ever take place in North America. During this program, we will discuss how and why a witch-hunt broke out in Salem, describe the events of that dark year, and consider why the Salem witch trials are such a unique moment in early American history. Participants will see images of the sites around Essex County that have direct connections to the Salem witch trials, including the land where the court house, jail, and meeting house stood, as well as some of the artifacts from our museum's collection.

Witches: Evolving Perceptions

In the modern-day, the term "witch" encompasses an enormously diverse array of definitions and images. Despite its dark historical origins, when confronted with this word today, most envision a cartoonish green-skinned woman flying astride a broomstick or a beautiful, supernatural pop-culture heroine. Others still, such as those who practice Neopagan religions, may think of this as a sacred term and view this word as a spiritual designation. In this program, participants will hear about into the complex and fascinating evolution of the image of the witch, tracing this story from the early modern period witch trials to the modern-day.

Date(s): Monday, October 25 Time(s): 1-3 pm # of Sessions: 1

LIFE Member Fee: \$19 LIFE Non-Member Fee: \$29



Bob Beery PhD, was Rochester Public School's Curriculum Director. He has enjoyed stints as adjunct faculty at the U of M, WSU, RCTC, and St. Mary's University. His professional publications deal with the teaching of history and social sciences.

The LOST CAUSE of the Confederacy with Bob Beery PhD

We were taught that the cause of the Civil War was states rights. Slavery was not the major issue. The benevolent view of slavery portrayed in "Gone with the Wind" was accepted as the norm. Those historical interpretations have been demolished by two generations of historians.

Date(s): Tuesday, October 26 Time(s): 10 am-Noon # of Sessions: 1

LIFE Member Fee: \$13 LIFE Non-Member Fee: \$21

www.learningisforever.net

RCTC Fall 2021 LIFE Program

Park Ranger Christopher Young currently serves as an interpretive park ranger and education coordinator at Chickamauga and Chattanooga National Military Park. He received his undergraduate and graduate degrees in history and education from Jacksonville State University in Jacksonville, Alabama.



The Gateway City: Chattanooga's Importance During the Civil War with Christopher Young, Park Ranger, Chickamauga & Chattanooga National Military Park, Fort Oglethorpe, GA

Chattanooga, Tennessee, nestled at the base of Lookout Mountain, situated along the banks of the Tennessee River, and sitting astride four major railroads, made the "Gateway to the Confederacy" a prime target for United States forces as they encroached deeper into the South. This program will explore the importance of Chattanooga as a strategic location during the Civil War.

Date(s): Tuesday, October 26 Time(s): 1-2:30 pm # of Sessions: 1
LIFE Member Fee: \$10 LIFE Non-Member Fee: \$15



Dr. Marguerite Ragnow is the curator of the James Ford Bell Library, which documents the history and impact of global trade and cultural exchange in the premodern era, before ca. 1800. She also is on the graduate faculties of History, Early Modern Studies, and Medieval Studies at the University of Minnesota. The immediate past president of the Society for the History of Discoveries and past editor of its journal, *Terrae Incognitae*, Dr Ragnow is the co-author (with photographer Natasha D'Schommer) of *Tulips, Chocolate & Silk. Celebrating 65 Years of the James Ford Bell Library*, which was a finalist for the 2020 Minnesota Book Award in the Minnesota Non-Fiction category and also is a finalist for a Midwest Book Award.

Lions, and Tigers, and Unicorns – Oh My! with Marguerite Ragnow PhD, Curator, James Ford Bell Library, University of Minnesota

In a world where medieval unicorns and mermaids represented the familiar as much as cats and horses, early modern Europeans often had difficulty making sense of the many new species they encountered on their travels around the world. Nevertheless, they approached all of these creatures with curiosity and wonder. Join Dr. Marguerite Ragnow, curator of the James Ford Bell Library at the University of Minnesota, for a look into this fascinating history of strange beasts and beasties.

Date(s): Thursday, October 28 Time(s): 10-11:30 am # of Sessions: 1
LIFE Member Fee: \$10 LIFE Non-Member Fee: \$15



RCTC Fall 2021 LIFE Program



Eric Dregni is author of twenty books, including *"Vikings in the Attic," "Weird Minnesota,"* and *"Let's Go Fishing!"* As a Fulbright fellow to Norway, he survived a dinner of rakfisk (fermented fish) thanks to 80-proof aquavit, took the "meat bus" to Sweden for cheap salami with a crowd of knitting pensioners, and compiled his stories in *"In Cod We Trust: Living the Norwegian Dream."* He wrote about living in Modena, Italy, in *"Never Trust a Thin Cook and Other Lessons from Italy's Culinary Capital."* He is professor of English, journalism, and Italian at Concordia University in St. Paul, Minnesota, and in the summer, he is director of the Italian Concordia Language Village, an experience he wrote about in *"You're Sending Me Where?"* He lives in Minneapolis.

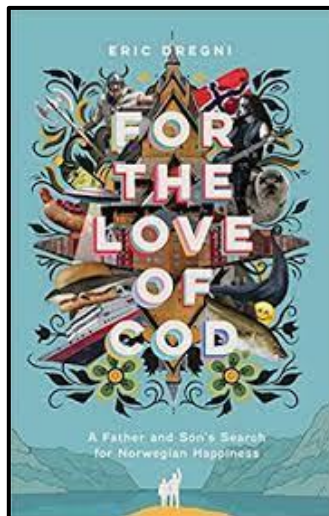
Harvest Dinner 2021: "For the Love of Cod: A Father and Son's Search for Norwegian Happiness" with Eric Dregni, Author and Concordia College Professor

A journey to find Norway's supposed bliss makes for a comic travelogue that asks, seriously, what makes Norwegians so damn happy—and does it translate? Eric Dregni takes his son on a return trip to Norway—the country where he was born fifteen years earlier—to investigate whether it really is the happiest country on Earth. From a passion for *dugnad* or community volunteerism to *sakte* or "slow," a rejection of the mad pace of modernity, this idiosyncratic tour shows readers how, or whether, Norwegian happiness translates. *Eric Dregni is the best kind of tour guide, bringing to life a country vis-à-vis its people, its (sometimes odd) customs, and its places. Brew some kaffe, get koselig (cozy), and settle in to do some armchair traveling to Norway. It's a trip you'll be lykkelig (happy) to take.* Fee includes Eric's presentation and dinner of Norwegian meatballs or vegetarian entree, dinner salad, rolls, mashed potatoes, grilled veggies, almond cake and coffee/tea. *Cosponsored with Rochester Community Education. Registration Deadline: October 21.*

Date(s): Thursday, October 28 Time(s): 6-9 pm # of Sessions: 1

Location: International Event Center, 7333 Airport View Dr SW

LIFE Member Fee: \$35 LIFE Non-Member Fee: \$45



RCTC Fall 2021 LIFE Program

TRIPS THIS FALL!



Spend the Day at the Minnesota Zoo!

Let's spend the day at the Minnesota Zoo! In addition to requiring guests age three and above to wear a face covering, social distancing reminders are placed along the trails, as well as hygiene reminders in restrooms, will help guests maintain a healthy distance from others. The zoo has implemented one-way routes on indoor and outdoor trails. Staff are positioned along the route to assist and answer questions. Restrooms and hand sanitizing stations are located throughout the Zoo grounds. Guests will enter through the Lower South entry for ticket scanning. Upon entry, guests can directly access all outdoor trails or visit the indoor trails first. Trails are marked for one-way travel only. Bring a lunch or plan to eat at the zoo (limited options)! Fee includes coach bus transportation and entrance ticket. **No refunds after September 1.**

Date(s): Saturday, September 18 Time(s): 9 am-3:30 pm

Location: Depart Northrop School-Parking Lot

LIFE Member Fee: \$42



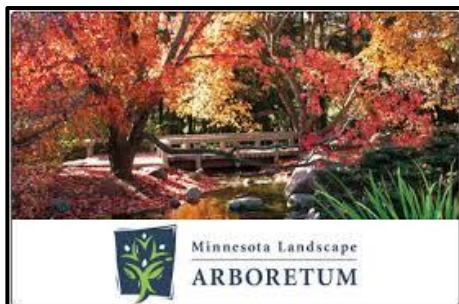
"Linda & Company" at the Ives Auditorium in Bloomington

Linda & Company features the songs of Linda Ronstadt, spanning the entirety of her career in folk, rock, jazz, and country, plus her legendary collaborations with artists such as Dolly Parton and the Eagles. Lunch: Roast Beef in Gravy, Roadside Potatoes, Vegetable Du Jour, Caesar Salad, Dinner Roll, and Dessert at the Masonic Heritage Center. Fee includes coach bus transportation, lunch, and theater ticket. **No refunds after August 10.**

Date(s): Wednesday, September 22 Time(s): 10 am-5:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$96



An Autumn Day at the MN Landscape Arboretum

Come explore the Arboretum. Fee includes admission; a Flower Pot Box Lunch (A Sandwich (Choice of: Turkey, Ham, Roast Beef, and Veggie, (can be Gluten Free as well); Chips, Apple, Cookie, and a Beverage (soda or water)) with seeds to take home as a gift from the Arboretum; a 1 hour guided tour; 10% discount in Gift Store; and coach bus transportation. **No refunds after September 15.**

Date(s): Wednesday, October 6 Time(s): 9:30 am-4 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$82

RCTC Fall 2021 LIFE Program



"Lunch and Lock" Cruise on the Mississippi River

You will take in the beautiful sights along this historically narrated cruise, which travels through the Ford Lock and Dam, Lock #1, from St. Paul into Minneapolis and returning to Harriet Island. Delight in live Dixieland music while you feast on a lunch buffet. Fee includes coach bus transportation, lunch buffet (of BBQ chicken pieces, mild red chili pulled pork with pickled vegetable, condiment and buns, spoonbread, potato salad, coleslaw, watermelon wedges, cookies, and coffee), cruise, and tour guide. **No refunds after September 15.**

Date(s): Friday, October 8 Time(s): 9 am-4:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$96

"The Play that Goes Wrong" at the Old Log Theatre



New York and London's award-winning smash comedy! Called "the funniest play Broadway has ever seen" (The Huffington Post) and "A Gut-Busting Hit!" (The New York Times), this classic murder mystery is chock-full of mishaps and madcap mania. Welcome to opening night of "The Murder at Haversham Manor," where things are quickly going from bad to utterly disastrous. With an unconscious leading lady, a corpse that can't play dead, and actors who trip over everything (including their lines), it's "comic gold" (Variety) sure to bring down the house. Fee includes coach bus transportation, theatre ticket,

and lunch (choice of: Bone-out Short Rib with mashed potatoes, green beans and au jus; Chicken Breast with roasted red potatoes, green beans and a sherry cream sauce; and Vegetarian pasta, made with house marinara and fresh vegetables); all served with rolls, coffee/tea, and dessert). **No refunds after September 10.**

Date(s): Thursday, October 14 Time(s): 10 am-6 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$92



Experience the "Twin Cities Mill City Farmers Market" Group Food Tour

A Food Tasting and Cultural Tour is an ideal way to experience all a neighborhood has to offer. Twin Cities Food Tours combines delicious food tastings from a variety of top restaurants and specialty food stores and insight into the history of the area, while highlighting noteworthy architecture during a three hour journey. You will receive an enjoyable, mouth-watering experience with their entertaining and knowledgeable tour guide. Stops will include Solomon's Bread, Sawatdee, Kramarczuk's, Wilde Café, and one additional to be determined! Delight your senses and discover some unique neighborhoods within the Minneapolis/St. Paul area. Fee includes coach transportation and food tour (five bus stops!) **No refunds after September 10.**

Date(s): Saturday, October 16 Time(s): 9:30 am-3:30 pm

Location: Depart Northrop School-Parking Lot

LIFE Member Fee: \$86

RCTC Fall 2021 LIFE Program



"NOT in Our Neighborhood" at the Great American History Theatre in St. Paul

1924. This drama recounts the horrific events and shameful history of housing segregation in St. Paul's Groveland Park neighborhood. William and Nellie Francis, both civil rights advocates and leading citizens in St. Paul's growing African-American community, dared to move from their home in the Rondo neighborhood to the "home of their dreams" in this all-white neighborhood. Little did they know, neighbors would burn a cross in their front yard in an attempt to terrorize them and force

them to abandon their dreams. Fee includes coach transportation, theatre ticket, and lunch at Herbie's on the Park (HERBIE BURGER, LEMON CHICKEN SANDWICH, or SPRING GREENS, non-alcohol drink, and dessert). **No refunds after September 15.**

Date(s): Thursday, October 21 Time(s): 8 am-4 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$92



"Breaking Up is Hard to Do" at the Ives Auditorium in Bloomington

Book by Erik Jackson and Ben H. Winters Music by Neil Sedaka Lyrics by Neil Sedaka, Howard Greenfield, and Philip Cody Set in the Catskills in 1960, two friends search for good times and romance over one wild Labor Day weekend. This musical

showcases 18 Neil Sedaka songs, including "Where the Boys Are," "Calendar Girl," and the chart-topping title song. Fee includes coach transportation, theatre ticket, and lunch (creamy chicken, roasted red potatoes, glazed carrots, cold salad, rolls, dessert and coffee/hot tea) at the Masonic Heritage Center. **No refunds after September 15.**

Date(s): Wednesday, October 27 Time(s): 10 am-5:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$86

RCTC Fall 2021 LIFE Program



"Music Man" at the Chanhassen Dinner Theatre – Wednesday or Saturday options!

A fun and transformative story, The Music Man is family entertainment at its best! This musical theatre classic features songs like "(Ya Got) Trouble," "Seventy-Six

Trombones," "The Wells Fargo Wagon," "Till There Was You," "Gary, Indiana" and more! Meredith Willson's six-time, Tony Award-winning musical comedy has been entertaining audiences since 1957 and is a family-friendly story to be shared with every generation. The Music Man follows fast-talking traveling salesman, Harold Hill, as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band that he vows to organize – this, despite the fact that he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian, the librarian, who transforms him into a respectable citizen by curtain's fall. Fee includes coach bus transportation, theatre ticket and lunch (choice of seven entrees). **No refunds after October 1.**

Date(s): Wednesday, November 3 Time(s): 9:30 am-5:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

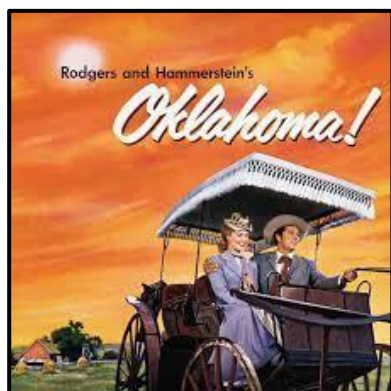
LIFE Member Fee: \$106

OR

Date(s): Saturday, December 4 Time(s): 9:30 am-5:30 pm

Location: Depart Northrop School-Parking Lot

LIFE Member Fee: \$106



"Oklahoma" at the Orpheum

More than 75 years after Rodgers and Hammerstein reinvented the American musical, this is Oklahoma! as you've never seen or heard it before — reimagined for the 21st century. Stripped down to reveal the darker psychological truths at its core, Daniel Fish's production tells a story of a community circling its wagons against an outsider, and the frontier life that shaped America. Upending the sunny romance of a farmer and a cowpoke, this Oklahoma! allows the classic musical — and our country — to be seen in a whole new light. Funny and sexy, dark and jolting, "this

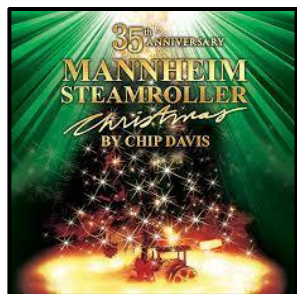
is the Oklahoma! that was there all along" (New York Magazine). The Daily Beast says, "Forget your traditional idea of Oklahoma! Daniel Fish's daring, brilliant, utterly absorbing re-interpretation is dark and different — brilliantly so." Recommended for children ages 12 and up. This production contains fog, loud gunshot effects, moments of darkness, and violence. Fee includes coach bus transportation and main floor theatre ticket. Bring a lunch! **No refunds after September 15.**

Date(s): Sunday, November 14 Time(s): 10:30 am-5:30 pm

Location: Depart Northrop School-Parking Lot

LIFE Member Fee: \$96

RCTC Fall 2021 LIFE Program



"Mannheim Steamroller Christmas" at the State Theatre

Celebrate the holiday magic of Mannheim Steamroller in 2021 when they bring their annual holiday tour to fans throughout the country. While 2020 was the first year the group was unable to tour in 35 years, 2021 will reunite the #1 Christmas music artist in history with its legion of long-time fans. Experience the music that has become the hallmark of the holidays and a tradition for multi-generational families: Mannheim

Steamroller Christmas live in concert in 2021! Fee includes coach bus transportation and main floor, center tickets. **No refunds after November 1.**

Date(s): Saturday, November 27 Time(s): 6-11:30 pm

Location: Depart Northrop School-Parking Lot

LIFE Member Fee: \$96



Jingle all the Way!

Join Community Ed on our holiday trip to the Twin Cities! We will visit the 43rd Annual Old Fashioned Holiday Bazaar at the Landmark Center. The Bazaar features quality handcrafted items including, jewelry, woodwork, paintings, décor, woven and wearable art, handmade lotions, soaps and more! Festive music and delicious treats add to the enjoyment of holiday shopping. On the list

will be the Norway House where we will visit its Gingerbread Wonderland. Lunch will be at Patrick McGovern's (choice of three entrees). After lunch we will tour the Swedish Institute which will be decorated to the nines. Wear your favorite holiday sweater and we will "jingle all the way"! Fee includes coach bus transportation, entrance fees to all venues, and lunch. **No refunds after November 3.**

Date(s): Friday, December 3 Time(s): 9 am-5 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$86



"A Rat Pack Christmas" at the Ives Auditorium in Bloomington

The Rat Pack is back just in time for the Holidays! Step back in time to see Sammy Davis, Jr., Frank Sinatra and Dean Martin perform together once again. Relive the days of the Rat Pack with Las Vegas' most famous Entertainers and their live band as they appeared live in the Sands Hotel Copa Room. Bring the whole family to enjoy classic tunes from the past such as "Luck be a Lady,"

"Fly Me to the Moon" and "New York, New York," as well as Christmas favorites like "Winter Wonderland" and "Baby it's Cold Outside," plus hilarious improv comedy. This tribute to Sammy, Frank, and Dean is sheer entertainment. Lunch is Roast Turkey with Gravy, Roadside Potatoes, Vegetable Du Jour, Caesar Salad, Dinner Roll, and Dessert. Fee includes coach bus transportation, lunch, and theater ticket. **No refunds after November 5.**

Date(s): Wednesday, December 8 Time(s): 10 am-5:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$96

RCTC Fall 2021 LIFE Program



"Christmas of Swing"--The Andrews Sisters' USO Shows at the Great American History Theatre in St. Paul

The Andrews Sisters Patty, Maxene, and LaVerne are preparing to lift the spirits of America's soldiers with a show full of Christmas songs, swing tunes, and special appearances by their friends Danny Kaye, Bing Crosby, and Abbott & Costello. It is a joyful celebration of music, family, and patriotism that mixes great holiday songs and comedy sketches with real letters from real World War II G.I.s. Enjoy a morning of wonderful entertainment and a tribute to the men and women of the Greatest Generation. Fee includes coach bus transportation, theatre ticket, and lunch (choice of turkey, BLT, or veggie wrap, kettle chips, spinach salad, coleslaw, beverage, and dessert) at Holman's Table. **No refunds after November 1.**

Date(s): Thursday, December 9 Time(s): 8 am-4 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$96



"Christmastide with the Celtic Sounds of SimpleGifts with Billy McLaughlin" at the Ives Auditorium in Bloomington

SimpleGifts makes musical magic by bringing a modern flair to traditional Christmas carols and hymns. Combining violin, Celtic whistle and bagpipes, piano and guitar with angelic three-part female vocals, this concert creates a "modern Old-World" sound you won't want to miss! Lunch: Cranberry Roast Chicken, Rosemary Red Potatoes, Vegetable Du Jour, Winter Salad, Dinner Roll, dessert, coffee/water/hot tea at the Masonic Heritage Center. Fee includes coach bus transportation, lunch, and theater ticket. **No refunds after November 1.**

Date(s): Tuesday, December 14 Time(s): 10 am-5:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$96



"Magical Medora Christmas" at the Ives Auditorium in Bloomington

Medora's hit Christmas show is returning to Bloomington! The popular Christmas show started touring in 2015 to commemorate the 50th anniversary of the Medora Musical and bring some of the Musical's summer magic to the holidays! The show features current and past stars of the Medora shows who have gone on to star on Broadway or perform around the world on cruise ships. Lunch: Champagne chicken, rice pilaf, sauteed mushrooms, roasted asparagus, parmesan brussel sprout salad, dinner roll, dessert, coffee/water/hot tea at the Masonic Heritage Center. Fee includes coach bus transportation, lunch, and theater ticket. **No refunds after November 1.**

Date(s): Friday, December 17 Time(s): 10 am-5:30 pm

Location: Depart RCTC Regional Sports Center-Parking Lot

LIFE Member Fee: \$96

RCTC Fall 2021 LIFE Program

Cost / LIFE Membership

All individuals participating in LIFE classes are required to either be LIFE members or pay an increased fee as a non-member. Membership for the year is **\$25** per person and is **in effect July 1 through June 30 each academic year**. An additional fee is charged per course or event. Anyone is welcome to join. The only prerequisite is an active interest in learning. There are no educational requirements, no term papers, no tests—everyone succeeds! **All ages are welcome! Gift Certificates are available!**

Faculty/Presenters

A variety of courses are led by professional educators, community leaders, and peer volunteers.

Location

LIFE will present classes for Fall 2021 thru Winter 2022 online via Zoom.

Registration

To register for any of the activities in this catalog

- * Return the registration form by mail to RCTC LIFE Program, 851 - 30th Avenue S.E.-Box 50 Rochester, MN 55904-4999 – **CHECK PAYMENT TO 'RCTC LIFE' REQUIRED.**
- * **Online registration is now available for LIFE members only with credit card payment!!** Please contact Jamie at jamie.schroeder@rctc.edu.

Scholarships

Scholarships are available. Please contact Chrisanne at chrisanne.pieper@rctc.edu for more information.

Cancellation and Refund Policy

Class refunds: will only be given **5 business days prior** to the class start date—a \$5 processing fee will be charged. In the event that a class is canceled due to low enrollment or instructor conflict, refunds will be processed in full. LIFE annual membership fees are non-refundable.

Contact Information:

(507) 280-3157

jamie.schroeder@rctc.edu

chrisanne.pieper@rctc.edu



***Your 2021-22 LIFE Membership will provide you many great learning opportunities! A sampling of what's coming November and December 2021...
Nov/Dec LIFE catalog will be mailed October 1st.***

Revolutionaries and Russia: The Path to 1917 with Thomas Emmert PhD, Smithsonian Historian

China and Japan: The History Binds the Future with Richard Leitch PhD, Gustavus Adolphus College

Learning about Jazz with John Toren

Life at the British Palace and Abbey: Westminster with Andrew O'Brien

The Brooklyn Bridge with Ken Allsen

President George Washington with Scott Hill, Chief of Interpretation, George Washington Birthplace

The Rise and Fall of the Berlin Wall with Anette Isaacs

Democracy in MN During WWI with Greg Gaut

Big House, Little House, Back House, Barn with Thomas Hubka, Professor Emeritus, UW-Milwaukee

LBJ and Nixon with Chad Israelson MA

Human Cloning--Can We? Should We? Will We? with Richard Kowles PhD, Saint Marys University
Emeritus

JFK Assassination: The Mystery & Legend with David Jones

The Literature and Culture of the South with Taylor Hagood, Professor of American Literature
English Department, Florida Atlantic University

Booth Girls, or, History, My Mother, and Me with Kim Heikkila, Author

Fact or Fiction? Investigating the First Thanksgiving with Shirley Riefenhauser, Educator, Plimoth
Patuxet Museums

Native American Code Talkers: A Lasting Legacy with Dr. William Meadows, Missouri State University

Ethics and Artificial Intelligence with Brendan Shea PhD

Hockey in Minnesota: The Cold Hard Facts with Tom Rooney

Tudor Reigning Queens with Carol Ann Lloyd, Smithsonian Presenter

Nature Versus Nurture: An Endless Argument with Richard Kowles PhD, Saint Marys University
Emeritus

Crossing the Cultural Divide: Soviet Crafts in the Anti-Soviet U.S. with Carol L. Veldman Rudie,
Museum of Russian Art, Docent

Conserving Russia's Far Eastern ecosystems one shorebird at a time with Philipp Maleko

Dickens and His Christmas Carol with Taylor Hagood, Professor of American Literature, English
Department, Florida Atlantic University

Christmas at Gamble House Conservancy with Jennifer Michel, Tour and Education Manager, Gamble
House

